

Menu 1

Waringstown Primary School

(food Hygiene rating 5)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week Beg: 2.9.19	Steakburger or Fish Fingers Sweetcorn Chips or Mashed Potatoes Strawberry Mousse or Yoghurt & Fruit	Oven Baked Sausages or Bacon Slice, Baked Beans or Peas, Mashed Potatoes Flakemeal Biscuit or Yoghurt , Fruit	Chicken Curry & Brown Rice or Cheese & Tomato Pizza, Gravy Mixed Vegetables Mashed Potatoes Ice Cream or Yoghurt &Fruit	Pasta Bolognese or Chicken Crumble Carrots Mashed Potatoes Gravy Crusty Bread Muffin / Yoghurt Fruit	Roast Chicken, Stuffing,Gravy, Mashed & Dry Oven Roast Potatoes, Turnip/Peas Jelly or Yoghurt Fruit Portion
Week Beg: 9.9.19	Homemade Cheese & Tomato Pizza or BBQ Chicken Sweetcorn Chips or Mashed Potatoes Ice Cream or Yoghurt Fruit	Pasta Bolognese or Fish Fingers Broccoli or Peas Mashed or Baked Potatoes, Gravy, Crusty Bread Cookie or Yoghurt, Fruit	Beefburger in a Bap Chicken Curry & Brown Rice Chips/Mashed Potatoes/Peas Naan Bread Tomato Ketchup Jellv & Fruit	Sausages or Grilled Bacon Slice or Stuffed Bacon Roll, Carrots or Baked Beans Mashed Potatoes Fresh Pineapple & Yoghurt	Roast Chicken Cabbage or Cauliflower Cheese Stuffing, Gravy Mashed Potatoes Ice Cream or Yoghurt, Fruit
Week Beg: 16.9.19	Pasta Bolognese OR Chicken Crumble Cauliflower/Broccoli Gravy, Mashed Potatoes, Crusty Bread Muffin or Yoghurt, Fruit	Chicken Tikka & Brown Rice or Oven Baked Sausages Mashed Potatoes Carrot & Parsnip/Baked Beans Ice Cream or Yoghurt Fruit	Homemade Cheese & Tomato Pizza or Steakburger, Sweetcorn Mash Potatoes/Chips Tomato Ketchup Jelly/Tinned Fruit Milkshake	Fish Fingers or Braised Steak & Onions Mashed Potatoes Carrots/Gravy Crusty Bread Melon & Yoghurt	Roast Chicken Stuffing Gravy Turnip/Peas Mashed & Dry Oven Roast Potatoes Flakemeal Biscuit or Yoghurt, Fruit
Week Beg: 23.9.19	Beef Curry & Brown Rice or Fish Fingers Naan Bread Sweetcorn Mashed Potatoes Gravy Chocolate Cookie or Yoghurt, Fruit	Chicken Nuggets or Breaded Salmon Baked Beans/Turnip Mashed Potatoes Gravy Fresh Pineapple , Fruit Milkshake	Homemade Cheese & Tomato Pizza or Chicken Wrap Salad Bar/Peas Chips or Mashed Potatoes Flakemeal Biscuit or Yoghurt, Fruit	Lasagne or Steakburger Broccoli/Salad Mashed or Baked Potatoes Gravy Crusty Bread Jelly & Fruit	Baked Gammon or Steakburger Stuffing Gravy Mixed Vegetables Mashed Potatoes Cookie or Yoghurt , Fruit

School food

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www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or special diets please contact the school in the first instance

